



Farm Fresh Focus

This month we are featuring local corn. Look for it on the lunch menu throughout the month.

Pittsfield Middle/High School Breakfast Menu

September 2014

Monday 8/25	Tuesday 8/26	Wednesday 8/27 Today's Special	Thursday 8/28 Today's Special	Friday 8/29
		Mexican Scramble w/ Whole Wheat Toast Fruit Selection Milk	Breakfast Quesadilla Fruit Selection Milk	No School
Monday 9/1 Labor Day	Tuesday 9/2 Today's Special	Wednesday 9/3 Today's Special	Thursday 9/4 Today's Special	Friday 9/5 Today's Special
	Corn Muffins w/ Hard Boiled Egg Fruit Selection Milk	Egg & Cheese on Whole Wheat English Fruit Selection Milk	Blueberry Pancakes Warm Syrup Fruit Selection Milk	Fresh Bagel & Cream Cheese Fruit Selection Milk
Monday 9/8 Today's Special	Tuesday 9/9 Today's Special	Wednesday 9/10 Today's Special	Thursday 9/11 Today's Special	Friday 9/12 Today's Special
Whole Wheat Waffle Sticks Warm Syrup Fruit Selection Milk	Mini Quiche w/ Whole Wheat English Muffins Fruit Selection Milk	Scrambled Eggs w/ Whole Wheat Toast Fruit Selection Milk	Breakfast Burrito Fruit Selection Milk	Assorted Cereal w/ Hard Boiled Eggs Fruit Selection Milk
Monday 9/15 Today's Special	Tuesday 9/16 Today's Special	Wednesday 9/17 Today's Special	Thursday 9/18 Today's Special	Friday 9/19 Today's Special
Baked French Toast Warm Syrup Fruit Selection Milk	Blueberry Muffins w/ Hard Boiled Eggs Fruit Selection Milk	Egg & Cheese Flatbread Fruit Selection Milk Early Release	Banana Pancakes Warm Syrup Fruit Selection Milk	Fresh Bagel & Cream Cheese Fruit Selection Milk
Monday 9/22 Today's Special	Tuesday 9/23 Today's Special	Wednesday 9/24 Today's Special	Thursday 9/25 Today's Special	Friday 9/26 Today's Special
Whole Wheat Pancakes Warm Syrup Fruit Selection Milk	Assorted Cereals w/ Hard Boiled Eggs Fruit Selection Milk	Western Scramble w/ Whole Wheat Toast Fruit Selection Milk	Whole Grain French Toast Sticks Warm Syrup Fruit Selection Milk	Ham & Cheese Quiche w/ Whole Wheat English Muffin Fruit Selection Milk

Welcome Back!

This month we celebrate back to school with a special BBQ and the coming of fall with a special harvest meal.

Feed Your Brain At Breakfast!

Good nutrition enhances learning. Healthy breakfast offerings daily include your choice of:

- Assorted Cereals w/ Hard Boiled Eggs*
- Fruit & Yogurt Parfait*
- Breakfast Sandwiches*
- or the Special of the Day with up to two Fruit selections & Milk*

Meal Prices

Breakfast:

Full Price: 1.75
Reduced Price: .30
Adult: 2.25

Lunch:

Full Price: 2.70
Reduced Price: .40
Adult: 3.50

Questions or Comments about the Meal Program?

Please contact your Food Service Director Kevin Crossan @ 435-6030 or kcrossan@pittsfieldnhschools.org

Or visit: <http://www.freshpickscafe.com>

Café Services is a proud proponent of the Farm-to-School Initiative. We Buy Local First.



Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

USDA is an equal opportunity provider and employer.