

Strive ^{for} 5

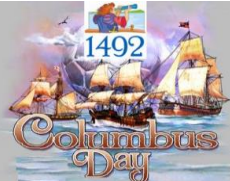


Pittsfield Elementary Lunch Menu

Students: \$2.50

October 2015

Adults: \$3.50

Monday 9/28	Tuesday 9/29	Wednesday 9/30	Thurs 10/1	Friday 10/2 Fresh Picks Pizza
			Shepherd's Pie Sweet Corn Mashed Potatoes Wheat Roll Orange Wedges	Cheese Pizza or Chef's Topping Veggie Sticks Caesar Salad Orange Smiles
Monday 10/5 Picnic Style	Tuesday 10/6 Cluck, Cluck	Wednesday 10/7 Super Charged Lunch	Thursday 10/8 South of the Border	Friday 10/9
Hot Dog Whole Grain Bun Tater Tots Corn Fresh Banana	Chicken Nuggets Sweet Potato Fries Dinner Roll Fruit Cocktail	Baked Ziti with Meat Sauce Garlic Breadstick Steamed Broccoli Local Apple	Taco Salad Roasted Corn Salsa Rice & Beans Diced Peaches	No School
Monday 10/12 Columbus Day	Tuesday 10/13 Student's Fav	Wednesday 10/14 Mom's Classic	Thursday 10/15 Homestyle	Friday 10/16 Fresh Picks Pizza
	Chicken Sandwich with Fixings Cucumber & Tomato Salad Applesauce	Baked Macaroni & Cheese Celery Sticks w/ Dip Fresh Banana	Herb Roasted Chicken Strips Dinner Roll Green Beans Mixed Fruit Swirl	French Bread Pizza Baby Carrots w/ Hummus Pears
Monday 10/19 Meatless Mexican Monday	Tuesday 10/20 Fish & Chips	Wednesday 10/21 Early Release	Thursday 10/22 Tate of Italy	Friday 10/23 Fresh Picks Pizza
Cheese Quesadilla Bean Dip Seasoned Rice Garden Salad Cinnamon Apples	Fish Nuggets Dinner Roll Potato Wedges Coleslaw Fresh Fruit	Sunbutter & Jelly Sandwich Veggie Sticks Whole Grain Giant Goldfish Fresh Fruit	Chicken Broccoli Alfredo Whole Grain Rotini Caesar Salad Local Apple	Cheese Pizza or Chefs Topping Cucumber Wedges Peaches
Monday 10/26 Kids Choice!	Tuesday 10/27 It's Italian!	Wednesday 10/28 Old School	Thursday 10/29 Brunching!	Friday 10/30 HAPPY HALLOWEEN!
Cheeseburger Tater Tots Roasted Cauliflower Orange Wedges	Chicken Parmesan Garlic Breadstick Sweet Peas Three Bean Salad Pears	American Chop Suey Dinner Roll Caesar Salad Fruit Sorbet	Apple Maple French Toast Sausage Patties Home Fries Fresh Banana	Flat Bread Pizza Creepy Baby Carrots with Dip Booberry and Scream Cup

Questions or Comments Please
Contact Your
Food Service Director
Kevin Crossan
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435-6030



Fresh Picks Cafe is a division of Café Services™

Café Services is a proud proponent of
the Farm-to-School Initiative. We
Buy Local First.

USDA is an equal opportunity
provider and employer.

Farm Fresh Focus

This month we are featuring
Broccoli & Cauliflower!
On the menu throughout the
month.

Apple Festival!

This month we celebrate
everyone's favorite...apples!
Ask your kitchen what they're
serving today? We feature a
variety of apples during
harvest season!

DAILY OPTIONS

Deli

Fresh Made Deli Sandwiches

Made on whole wheat bread
and offered with two nutritious
sides and farm fresh milk.

Mon: Cheese & Crackers

Tues: Ham & Cheese

Wed: Tuna Boat

Thurs: Turkey & Cheese

Friday: Fruit and Yogurt
Parfait

**Sunbutter & Jelly
Available Daily**

Market Fresh Salad

A Specialty Entrée Salad

Made fresh daily and offered
with whole wheat roll, fruit and
farm fresh milk

Mon: Three Cheese Salad

Tues: Chicken Caesar

Wed: Ham & Cheese Chef

Thurs: BCLT

Fri: Craisin Chicken

**Garden Chef Salad
Available daily!**

Friday is Pizza Day!

Whole wheat pizza dough
topped with low fat pizza
cheese, served with two
nutritious sides and milk