

Strive ^{for} 5



Pittsfield Elementary Breakfast Menu

October 2015

Monday 9/28 Today's Special	Tuesday 9/29 Today's Special	Wednesday 9/30 Today's Special	Thursday 10/1 Today's Special	Friday 10/2 Today's Special
			Fresh Bagel & Cream Cheese Breakfast Fruit Selections Milk	Apple Filled Churro w/ Cheese Stick Breakfast Fruit Selections Milk
Monday 10/5 Today's Special	Tuesday 10/6 Today's Special	Wednesday 10/7 Today's Special	Thursday 10/8 Today's Special	Friday 10/9 Today's Special
Whole Grain French Toast Sticks Warm Syrup Breakfast Fruit Selections Milk	Whole Wheat Blueberry Muffin Breakfast Fruit Selections Milk	Breakfast Burrito Breakfast Fruit Selections Milk	Whole Grain Waffle Sticks Breakfast Fruit Selections Milk	No School
Monday 10/12 Columbus Day	Tuesday 10/13 Today's Special	Wednesday 10/14 Today's Special	Thursday 10/15 Today's Special	Friday 10/16 Today's Special
	Whole Wheat Apple Cinnamon Muffin Breakfast Fruit Selections Milk	Scrambled Eggs Whole Wheat Toast Breakfast Fruit Selections Milk	Fresh Bagel & Cream Cheese Breakfast Fruit Selections Milk	Apple Filled Churro w/ Cheese Stick Breakfast Fruit Selections Milk
Monday 10/19 Today's Special	Tuesday 10/20 Today's Special	Wednesday 10/21 Today's Special	Thursday 10/22 Today's Special	Friday 10/23 Today's Special
Whole Grain French Toast Sticks Breakfast Fruit Selections Milk	Whole Wheat Blueberry Muffin Breakfast Fruit Selections Milk	Egg & Cheese on Whole Wheat English Breakfast Fruit Selections Milk	Whole Grain Waffle Sticks Breakfast Fruit Selections Milk	Fresh Bagel & Cream Cheese Breakfast Fruit Selections Milk
Monday 10/26 Today's Special	Tuesday 10/27 Today's Special	Wednesday 10/28 Today's Special	Thursday 10/29 Today's Special	Friday 10/30 Today's Special
Whole Wheat Pancakes Warm Syrup Breakfast Fruit Selections Milk	Whole Wheat Banana Muffin Breakfast Fruit Selections Milk	Scrambled Eggs Whole Wheat Toast Breakfast Fruit Selections Milk	Fresh Bagel & Cream Cheese Breakfast Fruit Selections Milk	Apple Filled Churro w/ Cheese Stick Breakfast Fruit Selections Milk

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.



Fresh Picks Cafe is a division of Café Services™

Café Services is a proud proponent of the Farm-to-School Initiative. We Buy Local First.

USDA is an equal opportunity provider and employer.

Farm Fresh Focus

This month we are featuring Broccoli & Cauliflower On the menu throughout the month.

Apple Festival!

This month we celebrate everyone's favorite...apples! Ask your kitchen what they're serving today? We feature a variety of apples during harvest season!

Feed Your Brain At Breakfast!

Good nutrition enhances learning.

Healthy breakfast offerings daily include your choice of:

Assorted Cereals,
Fruit & Yogurt Parfait
or the Special of the Day
with up to two Breakfast Fruit
Selections & Milk

Meal Prices

Breakfast:

Full Price: 1.50

Reduced Price: .30

Adult: 2.25

Lunch:

Full Price: 2.50

Reduced Price: .40

Adult: 3.50

Questions or Comments about the Meal Program?

Please contact your Food Service Director
Keven Crossan @ 435-6030
or
pittsfield@cafeservices.com

Or visit:
<http://www.freshpickscafe.com>